



September Menu for Blessed Sacrament School

Served All Week	Monday	Tuesday	Wednesday	Thursday	Friday
Egg Salad (DF) & Turkey & Cheese Salad: Garden & BLT Bistro Box: Yogurt Snack: Carrots & Hummus	Labor Day	Chicken Teriyaki and Rice (GF) (DF) Sides: Peas and Carrots and Orange Slices	Hot Dog Day Sides: Cucumber Slices and Mandarin Oranges GF/DF Bun \$1.50 additional	French Toast Stix and Sausage Sides: Potatoes and Apple Sauces GF/DF Tenders \$1.50 additional	Burrito Bar with Chicken (GF) (DF) Sides: Black Beans & Banana
Italian Sub/Turkey Sub Salad: Garden (DF) & Fiesta Chix Bistro Box: Deli Snack: Chips & Guacamole	Pizza Day Sides: Baby Carrots and Apple GF Crust - Additional \$1.50	Chicken Slider Sandwiches Sides: Green Beans and Grapes GF/DF Bun \$1.50 additional	Baked Potato Bar (GF) Sides: Peas and Carrots and Diced Peaches	Waffles with Sausage Sides: Breakfast Potatoes and Yogurt GF/DF Tenders \$1.50 additional	Chicken Mash Bowl Sides: Buttered Corn and Banana GF/DF Tenders \$1.50 additional
Fiesta Chix Wrap/Ham Sub Salad: Garden (DF) & Asian Chicken Bistro Box: Hummus Snack: Cucumbers & Hummus	Pizza Day Sides: Buttered Corn and Apple GF Crust - Additional \$1.50	Sesame Chicken and Rice (DF) Sides: Peas and Carrots and Pineapple GF/DF Tenders \$1.50 additional	Chicken, Bacon, and Monterey Jack Cheese Sliders Sides: Cucumber Slices and Fruit Cocktail GF/DF Tenders \$1.50 additional	Breakfast Bowls with Sausage (GF) Sides: Breakfast Potatoes and Applesauce GF/DF Tenders \$1.50 additional	Nacho Bar with Beef & Beans Sides: Baby Carrots and Banana GF/DF Tenders \$1.50 additional
Turkey & Cheese Sub, Egg Salad Sub (DF), Buffalo Chix Wrap Salad: Garden & Buffalo Chix Bistro Box: Protein Snack: Carrots and Ranch	Pizza Day Sides: Buttered Corn and Apple GF Crust - Additional \$1.50	Chicken Alfredo Pasta Sides: Green Beans and Mandarin Oranges GF Pasta - Additional \$1.50	Burger Day Sides: Cucumber Slices and Pineapple GF/DF Bun \$1.50 additional	Pancake with Sausage Sides: Breakfast Potatoes and Yogurt GF/DF Tenders \$1.50 additional	Philly Cheese Steak Sandwiches with Peppers and Onions Sides: Snap Peas and Banana GF/DF Tenders \$1.50 additional